



News Release

FOR IMMEDIATE RELEASE

December 7, 2017

LaGrange Housing Authority Receives Health & Wellness Incentive Grant

LaGrange, Ga. December 7, 2017 – The LaGrange Housing Authority has been selected by the Association County Commissioners of Georgia (ACCG) to receive one of the Employee *Health & Wellbeing Incentive Grants* awarded statewide to promote worksite programs designed to enhance the health and wellbeing of employees and family members.

Awards are made to members of the ACCG Group Health Benefits Program (GHBP), underwritten by Blue Cross Blue Shield of Georgia, based on a county's commitment to employee health and demonstrated collaboration with other community groups and organizations engaged in health promotion.

As part of the grant process, the LaGrange Housing Authority appointed Chad Cooper as the designated Health Promotion Champion to develop a workplace health promotion action plan and to attend Local Government Risk Management Services' (LGRMS) *High Impact Health Promotion Champion* training session.

Workplace wellbeing programs have a demonstrated track record of improving employee health and quality of life while reducing medical claims and improving workplace morale. The ACCG offers wellbeing services to all member counties through LGRMS, a not-for-profit agency operated jointly with the Georgia Municipal Association.

Employees will be offered a confidential health assessment program using a Health Risk Appraisal, with blood pressure screening and health improvement feedback.

Chad Cooper, Director of Development of the housing authority said, "We are pleased that the ACCG recognizes our interest in employee health and in managing health care costs. This grant will help us provide new programs to our staff and their families."

The ACCG – GHBP is available to all Association County Commissioners of Georgia members. Currently, several counties and authorities participate in the health plan. All counties and authorities participating in the ACCG – GHBP are eligible to apply for the *Health & Wellbeing Incentive Grants* on an annual basis. The ACCG is pleased to support the LaGrange Housing Authority in this important endeavor.

Media Contact: Chad Cooper, West Georgia Star/LaGrange Housing Authority, (706) 884-5032 or ccooper@westgeorgiastar.org

To keep up with the latest news involving the City of LaGrange, go to www.lagrangega.org or follow us on Facebook at facebook.com/lagrangegov, Twitter at [@lagrangegov](https://twitter.com/lagrangegov), & Instagram at instagram.com/cityoflagrangega

###